

# Rag Rugging

This traditional technique is a great way to use up fabric scraps or to recycle torn textiles that are beyond repair. Why not use it to decorate a hessian shopping bag or create a shabby chic rug to liven up any room!

## You will need:

- Hessian/netting/loose woven fabric
- Prodder (or knitting needle/blunt pencil)
- Fabric strips
- Scissors



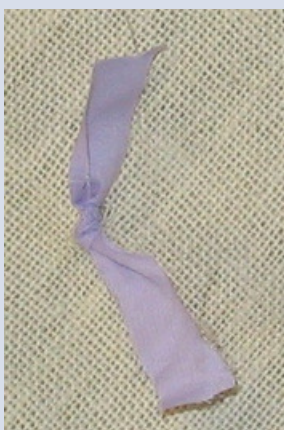
Using a 'prodder' poke a hole in the hessian fabric. You might have to push quite hard!

Place a corner of a fabric strip over the hole and using the 'prodder' push it through. Pull the strip gently so half is visible at the front, half at the back.



Now make a second hole close to the first. Push one end of the fabric strip through this hole and pull through so that both ends now appear on the front of the work.

The ends can be tied together in a knot to help to secure the fabric so it doesn't fall out.



Continue to add more strips to build up your design. When the design is finished, the ends of your fabric strips can be trimmed to tidy it up and create the desired effect.