

SWAP

SAVE

# SINGLE-USE SUMMER SWAP



Thousands of single-use products, like plastic water bottles, snack wrappers and wet wipes, are thrown away every day after only being used once. They cause huge problems for the environment.

Try our activities, enter the competition and see how many single-use swaps you can make this summer!



**FOLLOW THE WINDING TRAILS IN THE SAND FOR SOME GREAT SWAP IDEAS TO TRY!**

**SWAP THESE...**

Disposable carrier bag



Bottled water



Cling film



Plastic wrapped snacks



**FOR THESE...**

Colour the stars when you've made the swap!

Homemade snacks in reusable tub



Refillable bottle



Reusable fabric bag



Reusable containers



**WIN** a reusable lunchbox and bottle!

Send us a photo or drawing showing us how you've swapped, or are going to swap, a single-use item for something reusable.

Maybe you've swapped plastic wrapped snacks for a homemade treat, or even chosen reusable party decorations like bunting instead of throw-away balloons. Whatever it is, we'd love to know!

Email your picture to [zerowaste@norfolk.gov.uk](mailto:zerowaste@norfolk.gov.uk) by Monday 6th September 2021.\*



**MAKE SOME RAG BUNTING**

and display it at parties instead of balloons!



Simply cut 30cm long strips of fabric and tie them to a length of string.

For more information about single-use products and ideas for getting involved, please visit <http://www.norfolkrecycles.com/swap2save>

Norfolk County Council

Norfolk recycles

\*All entries received by the closing date will be entered into a prize draw and one will be selected at random to win the prize. For full terms and conditions please visit [www.norfolkrecycles.com/learning-zone](http://www.norfolkrecycles.com/learning-zone)